

Satsang with Ganga Mira in Portugal - General Information

We kindly ask you to read this information carefully. If you need further assistance you can contact us via email. Please notice that we can only make call-backs to Portuguese phone numbers.

Satsang is taking place in the countryside, south of Aljezur, in the south-west of Portugal. Ganga lives in a private house with her family. As there is no ashram, everybody who comes should be prepared to be self-sufficient and find a way to take care of his/her needs.

There is no set fee for Satsang. Ganga Mira has a donation box.

The regular times of Satsang are on our website. They might change throughout the year, please check them shortly before your journey. If you come for the first time, please contact us beforehand and we can give you the exact location.

Once you are here you can provide Atmananda with your portuguese mobile number and the duration of your stay and you will receive SMS about changes of the schedule. Information to international mobile numbers can be send by WhatsApp.

Given that Satsang is hosted in private houses we kindly ask you to respect the privacy of the owners by observing the following:

- Please don't arrive earlier than 20 minutes before the beginning of Satsang.
- Please park only on the designated parking areas, don't park on the street.
- Please do not come with vans or campervans as parking space is very limited.
- Please leave the property soon after Satsang.

We thank you for your consideration.

Accommodation

You find many hostels, holiday houses, two hotels and a camping site (www.campingserrao.com) in our area. You can use Google or Airbnb to find them. In case you need further help you can use our accommodation contact form (www.gangamirasatsang.com/satsang/portugal#accomodation).

Please provide detailed information about your budget, number of persons and exact intended period of stay. During high season (July-September) early booking is recommended.

Transportation

Public transport is limited. Therefore, it's always better to rent a car, but it's not a must. You can find car rental companies at Faro and Lisbon airports as well as in Portimão or Lagos. Unfortunately, there is no car rental in Aljezur, but bicycles and scooters are available for rent.

The closest airport is Faro, which is 1 h 15 m away. There are buses and trains from Faro train station to Lagos. Another option are the shuttle services, which run from the airport to Lagos at reasonable prices (please use Google to find them). Lisbon international airport is also an option, you can take a bus to Aljezur or Lagos or a train to Lagos. Lisbon is 3 h 30 m away by car.

There is a local bus service (www.eva-bus.com) from Lagos to Aljezur. It doesn't run frequently and does not operate at all on weekends and holidays. The websites of the bus and train companies provide all the necessary information:

Bus companies: www.rede-expressos.pt, www.eva-bus.com, www.renex.pt;

Train service: www.cp.pt.

Shopping

The closest shopping facilities are in the small town of Aljezur (8 km) and in Lagos (22 km). In Aljezur you find post office, pharmacy, doctors (Centro de Saúde), banks, ATMs (Multibanco), petrol station, supermarkets, general stores, a market hall, a weekly farmers' market and restaurants.

SIM cards for mobile phones are available at the airports, in many places in Lagos and in Aljezur in the post office and the newsletter shop. Most cafés and restaurants offer a free Wi-Fi service.

Be aware of dangers at the beach

The Atlantic Ocean at the west coast of Portugal is wild and very dangerous even for experienced swimmers. There are big waves, rip tides and very strong under currents which take you out without being able to swim against them.

Many people experienced severe difficulties and some could only be rescued with the help of others. Go only in to bath until the thigh, if you want to swim, go to the south coast for it.

Weather, clothes

We kindly ask you to bring protection against the strong sunshine, fresh winds and cold evenings - even in the summer (hat, jacket, sweater, shawl).